

- A** All SLBC Sessions    **C** Camping Chavurah    **D** Day School Chavurah    **E** Early Childhood Educator  
**F** Full Conference Program    **I** Inclusion    **J** Jewish Educator    **L** Limited (Sign-Up Required)  
**M** Master Course \*recommended for new SLBC participants    **N** Mindfulness and Meditation    **R** Ramah Chavurah  
**S** Schmooze Room    **H** Shabbat    **B** SLBC All-Access Sessions    **G** Songleader    **O** Songleader Summit  
**T** Teen Chavurah    **K** Tefillah & Shira Kalla    **W** Worship Leader

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**FEBRUARY 19 • SUNDAY**


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- 12:15pm – 1:15pm    **Pre-Conference Core Educator Check-In (Closed)**  
*Speakers: Naomi Less, Rabbi Joe Black, Joe Buchanan, Chava Mirel, Rabbi David Ingber, Rabbi Josh Warshawsky, Cantor Ellen Dreskin, Rick Recht, Elisa Heiligman Recht, Craig Parks, Hazzan Joanna Dulkan, Billy Jonas, Shira Kline, Rabbi Sandra Lawson, Eliana Light, Jacob Spike Kraus, Shira Berkowitz, Rabbi Brad Horwitz*  
 (This is a closed, pre-conference check-in for Core Educators)
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- 2:00pm – 3:00pm    **F Opening Program**    Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Naomi Less, Rabbi Joe Black, Joe Buchanan, Chava Mirel, Rabbi David Ingber, Rabbi Josh Warshawsky, Cantor Ellen Dreskin, Rick Recht, Elisa Heiligman Recht, Craig Parks, Hazzan Joanna Dulkan, Billy Jonas, Shira Kline, Rabbi Sandra Lawson, Eliana Light, Jacob Spike Kraus, Shira Berkowitz, Rabbi Brad Horwitz*
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- 3:15pm – 4:25pm    **C Staenberg Camping Chavurah Opening Program (Camping Chavurah Only)**  
*Speakers: Craig Parks*    Visual Arts Studio (2 Millstone Campus Drive, St. Louis, MO 63146)  
**\*Due to technical complications, this session was not recorded. We apologize for the inconvenience!\***
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- 3:15pm – 4:25pm    **I Diversity and Inclusion - Jews of Color**    Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Billy Jonas, Rabbi Sandra Lawson, Rabbi Susan Talve*  
 A roundtable exploring the technicolor foundations of Judaism, acknowledging the often overlooked racial diversity of Jews today and challenges that Jews of Color face. We'll crowdsource and brainstorm creative ways to address these challenges in our congregations and communities, and develop our "Diversity, Equity and Inclusion radar." We'll also discuss the relationship of Jews of Color to the Black Lives Matter movement, and how to collectively chart a course forward.
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- 3:15pm – 4:25pm    **L One-on-One Songwriting Mentorship with Rabbi Joe Black (Sign up required)**  
*Speakers: Rabbi Joe Black*    The Gathering Place (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Get one-on-one direct, supportive feedback on your compositions and creative process. These sessions will provide you with constructive critique and simple techniques to grow your artistic chops. Rabbi Black will share some helpful and techniques to help you on your creative journey.  
  
**NOTE: Space is limited. To sign up for this session, please add it to your schedule by clicking the white circle to the left of the session title.**
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- 3:15pm – 4:25pm    **M Star State: Peak Performance Leadership Skills**  
*Speakers: Rick Recht*    Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)

Star State is a powerful and highly motivational leadership training seminar that demonstrates methods utilized by the world's top athletes, entertainers, and educators to quickly and consistently achieve a peak physical and psychological state for extraordinary personal performance. What do these 'best in class' performers have in common? They all use Star State techniques to guarantee that the very best version of themselves is always front and center. Star State is highly interactive, physical, and fun.

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- 3:15pm – 4:25pm    **N**    **All Its Paths are Peace: Finding Wellbeing**    ECC Open Space (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Chava Mirel*  
 Tapping into well-being takes intention and practice. Blessedly, our tradition is full of doorways to peace of mind and heart. Explore with us – through music, text and meditation – as we learn resources and practices that can nourish and support our sense of contentment and belonging.
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- 3:15pm – 4:25pm    **R**    **How to Cultivate A Music Culture in Your Community: Lessons From Ramah (open to all)**  
*Speakers: Rabbi Josh Warshawsky, Hazzan Joanna Dulkan*    Board Room (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Join us for a conversation about building musical culture. Whether you're starting from scratch or you feel you're immersed in the process, there is so much we can share with each other on this journey. You are not alone! Music is our universal language, how do we share it with the communities we are serving?
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- 3:15pm – 4:25pm    **T**    **Staenberg Teen Chavurah Opening Program (Teen Chavurah Only)**  
*Speakers: Naomi Less, Jacob Spike Kraus*    Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)
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- 3:15pm – 4:25pm    **W**    **What's G'd Got to Do With It? Theology, Atheism, and the Efficacy of Prayer**  
*Speakers: Cantor Ellen Dreskin*    Adult Day Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Join us for an interactive exploration of the definition and purpose of prayer. How does that change, depending on our theology? What are we actually doing when we pray, and what does it mean to pray (or not) to a God who actually hears us? Can we pray even if we don't "believe?"
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- 4:40pm – 5:50pm    **D**    **Day School Chavurah (Day School Chavurah Only)**  
*Speakers: Zoey Fleisher*    Family Center (2 Millstone Campus Drive, St. Louis, MO 63146)
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- 4:40pm – 5:50pm    **I**    **Good Grief: The Art of Comforting - Moving Forward**  
*Speakers: Naomi Less, Rabbi David Ingber*    Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)  
 To be human is to experience loss. Learning to hold a loved one's grief (and our own) with grace and grounding is essential for living with greater ease and aliveness. During this workshop, we'll look at practices that support and strengthen our capacity to be present with the experience of loss and mourning, particularly in the aftermath of the profound losses experienced during the pandemic. These practices draw from wisdom traditions (Jewish and universal) to help us navigate this sometimes scary terrain with greater insight, empathy, and preparedness.
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- 4:40pm – 5:50pm    **J**    **The Tefilah Toolkit for Spiritual Flourishing**    Board Room (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Rabbi Josh Warshawsky, Eliana Light*  
 Research into mental health and well-being documents that having a strong spiritual core is crucial to flourishing. So how do we build a strong spiritual core? What if all of the tools we needed were already at our fingertips, in tefilah itself? Looking at the science of spirituality and our sacred heritage, we'll explore how tefilah has the incredible, counter-cultural potential to strengthen the spiritual core, how this lens might transform our teaching and leading of tefilah, and why it all matters. We'll be looking at and building on ideas explored in the SLBC Tefilah & Shirah Kallah — no prior experience necessary!
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- 4:40pm – 5:50pm    **M**    **Head to Toes: Interactive Body Dynamics**    Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Rick Recht*  
 The Head-to-Toes Interactive Body Dynamics master course explores the ways top presenters utilize every

aspect of their bodies, body distance, and Praise Phrases to create exciting, meaningful, interactive experiences in a variety of settings.

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- 4:40pm – 5:50pm    N    **Cultivating A Successful Jewish Meditation Cohort**  
*Speakers: Evan J. Krame, Craig Parks*                      ECC Open Space (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Imagine members of your community experiencing deeper connection with self, others, community, and the Divine Presence with the addition of a meditation cohort. Come experience a proven format for positive transformation that delivers spiritual results, and learn how to create it in your own community regardless of participants' level of meditation experience.
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- 4:40pm – 5:50pm    G    **Songwriter's Table**                                      The Gathering Place (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Joe Buchanan, Cantor Abbie Strauss*  
 Are you a songwriter and want to get real feedback on what you're creating? Join us at the Songwriter's Table and let's hear what you're working on! This is a supportive circle where songwriters can share a song and get real, objective feedback from their fellow songwriters and artists. This workshop happens every day, is guided by clear rules, and is open to anyone who is writing original music. Sharing a song is not a required part of the workshop!
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- 4:40pm – 5:50pm    W    **The 10 Commandments of Writing an Effective and Powerful D'var Torah**  
*Speakers: Rabbi Joe Black*                                      Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
 For some, the prospect of writing a D'var Torah can be daunting. The concept of sharing the inner meaning of a portion of Torah to a group of people can seem chutzpadik. "Who am I to teach Torah? I'm not a rabbi or a cantor!" is a common refrain. This workshop will unpack the essentials of what makes a D'var Torah both meaningful and relevant. We will explore both creative and common-sense ways to bring out your inner "drash."
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- 6:00pm – 7:20pm    F    **Dinner & Song Session**                                      Gym (2 Millstone Campus Drive, St. Louis, MO 63146)
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- 7:30pm – 8:40pm    T    **Staenberg Teen Chavurah Session (Teen Chavurah Only)**  
*Speakers: Naomi Less, Jacob Spike Kraus*                      Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)
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- 7:30pm – 8:45pm    E    **When You Wish Upon a Star: Havdalah Pajama**  
*Speakers: Shira Kline*    Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Every Saturday at dusk, we celebrate the ritual of Havdalah, meaning separation. It's a sensory and experiential ritual to end Shabbat and begin the week with a dancing flame, fresh herbs, and sweet grapes leading the way. This tender and magical transition is accompanied by wishes, lullabies, celestial songs and stories. Join us for a repertoire of music and tales, of blessings translated into a child's language, and for the love of a Havdalah Hug. (Bonus points for wearing pajamas.)
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- 7:30pm – 8:45pm    I    **How to Be a Radically Inclusive Community**                      Board Room (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Rabbi Susan Talve, Shira Berkowitz, Zac Gondelman*  
**\*Due to technical complications, this session was not recorded. We apologize for the inconvenience!\***  
 Please join us to learn and collaborate on what it means and what we can do to create a truly inclusive community. Beyond statements, we will talk about actionable and accountable methods that encourage inclusion at every stage and experience that is taking place in your community.
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- 7:30pm – 8:45pm    J    **Living the Sh'ma**    Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Billy Jonas*  
 For anyone who leads/co-leads services or song sessions, or who teaches, or performs, this session will offer a series of tools (meditations, visualizations, and stretches) for deepening our connection to ourselves, our communities, and all that is God. We'll start by exploring the Sh'ma prayer and then use our new awareness as a foundation for organizing all our leadership objectives.

7:30pm – 8:45pm	N	<b>Rededicating Your Personal Practice</b> <i>Speakers: Hazzan Joanna Dulkan</i> What does it mean to “practice” meditation, yoga, prayer, self-compassion, and gratitude? And what are the benefits? This session is for those looking to re-dedicate your personal practice. In this session, we will explore how to make space for and incorporate new habits into our daily lives so that we can be more present in each moment.	Multi-Purpose Room (2 Millstone Campus Drive, St. Louis, MO 63146)
7:30pm – 8:45pm	G	<b>Guitar Hacks for Jewish Music</b> <i>Speakers: Chava Mirel</i> Guitar is such an important support tool for prayer and music leadership in the Jewish community — and Jewish songleading requires different approaches to guitar than ones often taught by traditional guitar teachers. The fact is, anyone can use guitar in their leadership, even beginners! Learn hacks like 2-finger chords and 1-chord arrangements, as well as techniques for strumming patterns and chord voicings that support group singing and prayer. Participants of all guitar levels and professional capacities are welcome.	ECC Open Space (2 Millstone Campus Drive, St. Louis, MO 63146)
7:30pm – 8:45pm	W	<b>What Do You Mean When You Say ... ?</b> <i>Speakers: Cantor Ellen Dreskin</i> So much liturgy, so many grand words and ideas! What does it mean when we say them? When we pray them? Do we live them? We’ll take a look at roots, context, and connections in order to grow into a deeper relationship with the words of prayer. Joining us on our journey will be YHVH, Kedushah, and B’rachah, to name a few.	Adult Day Center (2 Millstone Campus Drive, St. Louis, MO 63146)
8:45pm – 9:45pm	F	<b>Super Soul SLBC</b> <i>Speakers: Rabbi David Ingber, Rabbi Sandra Lawson, Rabbi Susan Talve, Lucy Greenbaum, Ellie Flier, Noah Diamondstein, Todd Kessler, Eitan Kantor, Mayta Cohen</i>	Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)
9:45pm – 10:30pm	F	<b>Havdallah / Closing Program</b>	Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)
10:30pm – 12:30am	F	<b>SLBC Late Night featuring JRR Jewish Star Showcase</b> <i>Speakers: Joe Buchanan, Rob Aronson</i> Experience the winners of Jewish Star Season 2 and get ready to discover the amazingly talented folks attending SLBC in the SLBC Late Night talent extravaganza. Buses will continue running to the hotel every 10-15 minutes, so stay, sing, and rock ‘til you drop!	Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)
10:30pm – 12:30am	F	<b>Transportation to Hotel</b> Buses will run to the hotel every 10-15 minutes from 10:30 PM-12:30 AM	Bus (2 Millstone Campus Drive, St. Louis, MO 63146)

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**M** Master Course \*recommended for new SLBC participants    **N** Mindfulness and Meditation    **R** Ramah Chavurah  
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**FEBRUARY 20 • MONDAY**


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|-------------------|----------|---|--|
| 8:00am – 8:00am   | <b>F</b> | <b>Transportation to JCC</b><br>Meet in hotel lobby to load buses to the JCC  | Bus (2 Millstone Campus Drive, St. Louis, MO 63146)                    |
| 9:00am – 10:45am  | <b>F</b> | <b>Tefillah &amp; Opening Program</b><br>Tefillah, music, and more! Feel free to bring tallit, tefillin, and other worship items.   | Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)       |
| 11:00am – 12:10pm | <b>C</b> | <b>Staenberg Camping Chavurah Session (Camping Chavurah Only)</b><br><i>Speakers: Craig Parks</i>   | Visual Arts Studio (2 Millstone Campus Drive, St. Louis, MO 63146)     |
| 11:00am – 12:10pm | <b>I</b> | <b>Being More Inclusive Leaders - Taking the First Steps</b><br><i>Speakers: Shira Berkowitz, Zac Gondelman</i><br>As leaders, how do we build environments that are safe and inclusive for ALL people in our community, including people of color and across the spectrum of gender identity and expression? To forge trust with marginalized people requires awareness, visibility and action. This session is for people newer to developing inclusive environments and looking for a deeper understanding of diversity, equity and inclusion, and frameworks to be more inclusive leaders. Come curious — change requires all of us doing the work of change from where we are. | Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)       |
| 11:00am – 12:10pm | <b>J</b> | <b>Siddur Gems</b><br><i>Speakers: Rabbi Joe Black, Rabbi David Ingber, Cantor Ellen Dreskin, Hazzan Joanna Dulkan</i><br>When we intentionally craft our prayer experiences, we not only give individuals in our communities access to their tradition, but also the possibility of something deeply moving and spiritual. In this session, we'll explore what choices, questions, and skills can elevate our prayer services and share tools we can bring back to our communities and our own lives.  | Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146) |
| 11:00am – 12:10pm | <b>N</b> | <b>Play as a Spiritual Practice</b><br><i>Speakers: Shira Kline</i><br><b>*Due to technical complications, this session was not recorded. We apologize for the inconvenience!*</b><br>Some say that play is the work of children; others say that play is the voice of Spirit. This session posits that play is prayer and prayer is play and all of it requires radical imagination. Learn to map prayer with the embodied practice of play and discover ritual anew through play's sacred tools: curiosity, wonder, risk, story, and transformation.  | Board Room (2 Millstone Campus Drive, St. Louis, MO 63146)             |
| 11:00am – 12:10pm | <b>G</b> | <b>Songwriter's Table</b><br><i>Speakers: Joe Buchanan, Cantor Abbie Strauss</i><br>Are you a songwriter and want to get real feedback on what you're creating? Join us at the Songwriter's Table and let's hear what you're working on! This is a supportive circle where songwriters can share a song and get   | Multi-Purpose Room (2 Millstone Campus Drive, St. Louis, MO 63146)     |

real, objective feedback from their fellow songwriters and artists. This workshop happens every day, is guided by clear rules, and is open to anyone who is writing original music. Sharing a song is not a required part of the workshop!

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- 11:00am – 12:10pm      **T    Staenberg Teen Chavurah Session (Teen Chavurah Only)**  
*Speakers: Naomi Less, Jacob Spike Kraus*      Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)  
**\*Due to technical complications, this session was not recorded. We apologize for the inconvenience!\***
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- 11:00am – 12:10pm      **W    So You Want to Be a Jewish Pro?**      Adult Day Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Rabbi Sam Blustin, Cantor Laurie Akers, Ian Simpson*  
 There are many professional roles one can hold in the Jewish world, and each comes with personal and practical considerations. Join us for a panel featuring Jewish professionals in several of these key positions as they share details about their work, best steps to pursue their particular position, and the job market for that position.
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- 11:00am – 12:10pm      **W    Tefillah for Day School/Religious School**      Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Rabbi Josh Warshawsky, Jared Stein, Jonathan Bubis*  
 Explore classic and new siddur gems with a focus on how we can help children access and engage this prayerful wisdom. Tefilah Karaoke video access included!
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- 12:20pm – 1:35pm      **F    Lunch & Israeli Dancing!**      Gym (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Get ready for SLBC Israeli Dancing and don't miss our big SLBC Big Group photo session!
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- 1:45pm – 2:55pm      **E    Wee Jam for Justice**      ECC Open Space (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Carla Friend*  
 Come behind the curtains of Wee Jam for Justice, a program that explores topics around diversity, equity, inclusion, and justice (DEIJ) for families with young children through a Jewish lens. We'll discuss why it is important to start this work early and explore using participatory songs and stories to support families in having conversations about these difficult topics in ways that are developmentally appropriate and centered around Jewish values. We will have the opportunity to come up with ways small and large to bring these ideas back to our communities.
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- 1:45pm – 2:55pm      **I    Free to Be You and Me**      Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Shira Kline, Shira Berkowitz, Zac Gondelman*  
 Our first job as leaders is to create a safe space for our participants to be their most authentic selves. This will be a conversation about experiencing gender identity and how we can support people of all expressions to feel safe and included. We'll provide an introductory level of gender affirming practices. We'll touch upon emerging research and hear stories of navigating gender expression in Jewish spaces, from lifecycles to classrooms. This is a judgment-free zone; while this is a foundational introduction to this topic, all levels of understanding are welcome!
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- 1:45pm – 2:55pm      **J    Psalms as a Balm for Any Moment - AND a Niggun Circle!**  
*Speakers: Rabbi Josh Warshawsky, Jackson Mercer*      Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
 The Book of Psalms contains every human emotion present within its pages. If we know where to look, we can utilize and draw on its wisdom to help us with and through anything we may be feeling. Explore the Psalms through music and uncover the learning buried within.
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- 1:45pm – 2:55pm      **L    One-on-One Songwriting Mentorship with Rabbi Joe Black (Sign up required)**  
*Speakers: Rabbi Joe Black*      The Gathering Place (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Get one-on-one direct, supportive feedback on your compositions and creative process. These sessions will

provide you with constructive critique and simple techniques to grow your artistic chops. Rabbi Black will share some helpful and techniques to help you on your creative journey. Space is limited.

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- 1:45pm – 2:55pm    N    **G\*D, Through the Back Door**    Board Room (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Billy Jonas*  
 SHHH!!! It's an open secret: EVERY song is a love song; EVERY song is about coming home; EVERY song is about God. Join the conspiracy! Come fine-tune your ability to elevate unsuspecting teachable moments, games, and common songs into conduits for soulful exploration. Just as "The Hokey Pokey" is about putting your "whole self" in and so much more, we'll use kavanah (divinely oriented intention), to help ANY game, song, or activity lead toward a deeper sense of awe, wonder, and holiness.
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- 1:45pm – 2:55pm    G    **Home Music Production 101**    Adult Day Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Jacob Spike Kraus*  
 "I'm tired of sending iPhone 'voice memo' recordings of my material to others. It doesn't feel like a good representation of me, my music, or my brand." If this is you, Home Music Production 101 will get you pointed toward solutions. This is not a full-fledged music production class; it is meant to introduce the equipment, recording techniques and basic (seriously, basic) production strategies you need to create home demos you're confident in. Participants will leave with the tools to level up their home recordings.
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- 1:45pm – 2:55pm    W    **The Magic of Family Tefilah**    Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Eliana Light*  
 Family tefilah is a sacred time. How can we make the most of it? Together we'll explore the why, what, and how of family tefilah, from intention-setting and planning to engaging adults and kids of all ages, with or without an instrument.
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- 3:10pm – 4:20pm    I    **Bridging Divides: Mending Cultural, Racial, and Religious Rifts with Music**    Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Billy Jonas*  
 Tikkun olam (healing the world) through music depends upon three things: kavanah (divinely oriented intention), songs, and a plan. Let's explore all three. Come be part of the P.L.A.N. (Peace Love Action Network) as we formulate our individual visions, refine our expectations, build repertoire, and learn helpful guidelines for creating new music. We'll sing and discuss practical tools for community-building, musical and otherwise, to remedy divisions within ourselves, our families, our communities, and the world.
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- 3:10pm – 4:20pm    I    **Singing in the Dark**    Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Charlie Kramer*  
 We all have something that challenges us. Charlie Kramer is legally blind with only 4% of his total vision remaining. He has no peripheral vision and is completely blind at night. Join us in a journey of the senses, blindfolding ourselves to experience the present moment without our sight. Come prepared to deeply feel the challenges in your life, and to sing them into prayer
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- 3:10pm – 4:20pm    J    **Soul Sisters: A Feminist Beit Midrash**    Adult Day Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Hazzan Joanna Dulkan*  
 Many of us have heard, told and retold the tales of our fearless matriarchs — Sarah, Rebecca, Rachel and Leah, Miriam and Esther, but what about Serach, Zelophad's Daughters, Hannah and Lillith? These women, while briefly mentioned in the Bible, hold significant rabbinic fascination and have inspired some impactful and interesting midrashic literature. We will explore the meaning behind these stories by looking at both ancient and modern midrashim that pull even more Biblical women out of the shadows of the text so that we may more fully understand them, and ourselves.
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- 3:10pm – 4:20pm    J    **Developing Curriculum That Lights Up Teens**

*Speakers: Cantor Abbie Strauss, Craig Parks* Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Want to create an environment and curriculum that has teens saying, "This is my favorite part of the week!" and "This changed my life!" after their experience with you as an educator? Come learn about proven techniques and Jewish concepts that will deepen teens' connection with each other, with you, and with their Jewish identities in ways that will make a qualitative difference in their everyday lives

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- 3:10pm – 4:20pm    **G Sing Around the Calendar**    Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Eliana Light*  
 Come add some awesome new holiday songs to your toolkit for school-age kids. We'll explore music as a powerful tool to teach content, engage emotions, move the body, and inspire the spirit while having a lot of fun singing together.
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- 3:10pm – 4:20pm    **W Setting Your Own Table**    Board Room (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Joe Buchanan*  
 As leaders, we are often tasked with building new communities. These can be micro-communities within a larger organization or even an entirely new community that stands on its own. The reasons are vast, but there are common factors involved in making them sustainable and successful. We'll hear from leaders who have built such communities and learn some strong foundational systems that are crucial to success.
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- 4:35pm – 5:45pm    **C Staenberg Camping Chavurah Session (Camping Chavurah Only)**  
*Speakers: Craig Parks*    Visual Arts Studio (2 Millstone Campus Drive, St. Louis, MO 63146)
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- 4:35pm – 5:45pm    **D Day School Chavurah (Day School Chavurah Only)**  
*Speakers: Zoey Fleisher*    Sensory Center (2 Millstone Campus Drive, St. Louis, MO 63146)
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- 4:35pm – 5:45pm    **E Songs, Stories & Props: Tools for Engaging Families with Young Children**  
*Speakers: Carla Friend*    ECC Open Space (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Explore some tools that will make your experiences for young children and their families more engaging, welcoming, and inspiring. Whether or not you are a musician, you'll leave with ideas you can implement right away, including tricks for keeping everyone in the room engaged, from the tiniest babies to the chattiest adults. This session is for anyone who works with toddlers, preschoolers, families, tot shabbat, and early elementary groups.
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- 4:35pm – 5:45pm    **I Becoming You and Gender Equality**    Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Rabbi Abby Stein*  
 Activist Abby Stein discusses her journey from ultra-orthodox rabbi to woman of trans experience. Stein's Hasidic community in Williamsburg believed that, as a 10th generation of the Baal Shem Tov, she was destined to be a rabbinic leader. They also believed she was a boy. But Abby felt certain at a young age that she was a girl, and eventually orchestrated a personal exodus from ultra-Orthodox manhood to mainstream femininity—a radical choice that forced her to leave her home, her family, her way of life.
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- 4:35pm – 5:45pm    **J We Are All Storytellers**    Adult Day Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Shira Kline*  
 "The stories are true, not because they happened, but because they happen," teaches Rabbi Lawrence Kushner. To tell a story is to be uber present to life, tapped into felt sense and to truth. Come together to explore dynamics of storytelling, including voice and character, space and tempo, narrative and time.
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- 4:35pm – 5:45pm    **N A Mindfulness Workshop on Racial Justice**    Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Rabbi Sandra Lawson*  
 This workshop uses mindfulness and compassion to teach racial justice, allowing us to pay attention to our



thoughts and feelings in an open and non-judgemental way, thus increasing our emotional resilience, helping us to recognize our unconscious bias, and giving us the space to become less reactive and to choose how we respond to injustice.

4:35pm – 5:45pm	G	<b>How to Craft the Perfect Set List</b> <i>Speakers: Jacob Spike Kraus</i> Whether for concerts, song sessions, services, or a 15-minute music education class, there's so much more that goes into crafting the perfect music experience than simply putting songs in order. This is an examination of how songs relate to each other, understanding energy, flow, key transitions from both the leader's and the group's perspectives, analyzing your goals and then figuring out the best order of material to achieve them.	Multi-Purpose Room (2 Millstone Campus Drive, St. Louis, MO 63146)
4:35pm – 5:45pm	W	<b>Finding Your Authentic Prayer-Leading Voice</b> <i>Speakers: Chava Mirel</i> How can Jewish liturgy help us build a bridge between our ancient traditions and our modern lives? This session will explore different approaches to praying and prayer-leading that make space for our own authentic expression and the experiences of our community members. We will use the liturgy as a framework for embodied practices, meditations, and intention-setting. We will also explore the use of musical settings and dynamics that help deepen connection and prayer.	Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)
5:45pm – 7:15pm		<b>Rabbi Abby Stein Dinner and discussion (Federation Group Only)</b> <i>Speakers: Rabbi Abby Stein</i> (This is a closed/ private session)	Adult Day Center (2 Millstone Campus Drive, St. Louis, MO 63146)
5:45pm – 7:15pm	F	<b>Dinner &amp; Song Session</b>	Gym (2 Millstone Campus Drive, St. Louis, MO 63146)
7:30pm – 8:45pm	F	<b>SLBC Community Speaker Series: 'Wearing Esau's Clothes - Authenticity in Leadership, Ritual and Life</b> <i>Speakers: Rabbi David Ingber, Rabbi Abby Stein</i> As humans and as leaders we are all required to play roles that feel consistent with who we are and, at times, inauthentic to who we are. The question of personal integrity and authenticity are also played out in the realm of ritual and innovation. Rabbis Ingber and Stein will explore these threads and many others in what we know will be an evening of ahh-wakening and ahh-thentic conversation.	Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)
8:45pm – 10:00pm	F	<b>SLBC Core Educator Showcase</b> <i>Speakers: Naomi Less, Rabbi Joe Black, Joe Buchanan, Chava Mirel, Cantor Ellen Dreskin, Craig Parks, Hazzan Joanna Dulkan, Billy Jonas, Shira Kline, Eliana Light, Jacob Spike Kraus</i>	Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)
10:00pm – 10:30pm	F	<b>Closing Program</b>	Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)
10:30pm – 12:30am	F	<b>SLBC Late Night</b> <i>Speakers: Joe Buchanan, Rob Aronson</i> Get ready to discover the amazingly talented folks attending SLBC in the SLBC Late Night talent extravaganza. Buses will continue running to the hotel every 10-15 minutes, so stay, sing, and rock 'til you drop!	Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)
10:30pm – 12:30am	F	<b>Transportation to Hotel</b> Buses will run to the hotel every 10-15 minutes from 10:30 PM-12:30 AM	Bus (2 Millstone Campus Drive, St. Louis, MO 63146)

- A** All SLBC Sessions    **C** Camping Chavurah    **D** Day School Chavurah    **E** Early Childhood Educator  
**F** Full Conference Program    **I** Inclusion    **J** Jewish Educator    **L** Limited (Sign-Up Required)  
**M** Master Course \*recommended for new SLBC participants    **N** Mindfulness and Meditation    **R** Ramah Chavurah  
**S** Schmooze Room    **H** Shabbat    **B** SLBC All-Access Sessions    **G** Songleader    **O** Songleader Summit  
**T** Teen Chavurah    **K** Tefillah & Shira Kalla    **W** Worship Leader

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**FEBRUARY 21 • TUESDAY**


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|-------------------|----------|---|--|
| 7:45am – 7:45am   | <b>F</b> | <b>Transportation to JCC</b><br>Meet in hotel lobby with luggage and load busses to the JCC   | Bus (2 Millstone Campus Drive, St. Louis, MO 63146)                    |
| 9:00am – 10:30am  | <b>F</b> | <b>Tefillah &amp; Opening Program</b><br>Tefillah, music, and more! Feel free to bring tallit, tefillin, and other worship items.   | Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)       |
| 10:40am – 11:50am | <b>C</b> | <b>Strategic Road Mapping (Camping Chavurah only)</b><br><i>Speakers: Craig Parks</i>   | Visual Arts Studio (2 Millstone Campus Drive, St. Louis, MO 63146)     |
| 10:40am – 11:50am | <b>D</b> | <b>Day School Chavurah (Day School Chavurah Only)</b><br><i>Speakers: Zoey Fleisher</i>   | Sensory Center (2 Millstone Campus Drive, St. Louis, MO 63146)         |
| 10:40am – 11:50am | <b>J</b> | <b>Can We Overcome Anti-Semitism?</b><br><i>Speakers: Rabbi David Ingber</i><br>The seeds of antisemitism and hatred planted millennia ago continue to bear new yet all-too-familiar fruit in our world. Our fear has deep roots, but our love runs deeper. How do we 'win' over antisemitism? What is our obligation to defend ourselves and educate others? We'll discuss how we can embody the belief that "only love conquers fear and hate" in our everyday words and actions. | Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146) |
| 10:40am – 11:50am | <b>M</b> | <b>Strategic Road Mapping</b><br><i>Speakers: Rick Recht</i><br>Never leave the site of inspiration without making a commitment. Create a personal strategic road map that identifies anticipated goals, milestones, challenges, resources and partners for achieving successful results after Songleader Boot Camp.  | Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)       |
| 10:40am – 11:50am | <b>R</b> | <b>Strategic Road Mapping (Ramah Chavurah Tzevet only)</b><br><i>Speakers: Rabbi Brad Horwitz</i>   | Board Room (2 Millstone Campus Drive, St. Louis, MO 63146)             |
| 10:40am – 11:50am | <b>G</b> | <b>Social Media and Building Your Brand</b><br><i>Speakers: Rabbi Sandra Lawson</i><br>Today's musicians and other entrepreneurial-minded folks need social media to build an audience. This session will focus on using your strengths to build an audience of followers who will support the work you are doing.  | The Gathering Place (2 Millstone Campus Drive, St. Louis, MO 63146)    |
| 10:40am – 11:50am | <b>G</b> | <b>Songwriting Circle</b><br><i>Speakers: Joe Buchanan, Cantor Abbie Strauss</i><br>Are you a songwriter and want to get real feedback on what you're creating? Join us at the Songwriter's Table   | Multi-Purpose Room (2 Millstone Campus Drive, St. Louis, MO 63146)     |

and let's hear what you're working on! This is a supportive circle where songwriters can share a song and get real, objective feedback from their fellow songwriters and artists. This workshop happens every day, is guided by clear rules, and is open to anyone who is writing original music. Sharing a song is not a required part of the workshop!

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- 10:40am – 11:50am      **T Teen Chavurah Closing Program (Teen Chavurah only)**  
*Speakers: Naomi Less, Jacob Spike Kraus*      Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)
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- 10:40am – 11:50am      **W Where Synagogue and Stage Meet**      Blackbox Theater (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Shira Kline*  
 I'm not a performer, I'm a prayer leader! What takes place in the sanctuary, for both the prayer leader and for the community, is intimately connected with what takes place on a theater stage. Here we will examine and expose the sanctuary as a kind of sacred ritual theater. We will look deeply at the nature of prayer alongside the authentic transmission of theater. While the very fine lines may be blurry, these ancient art forms can inform each other toward truth-telling and why we do what we do.
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- 12:00pm – 1:10pm      **I Diversity, Equity, and Inclusion (DEI) Policies and Practices for the Thriving Synagogue**  
*Speakers: Charlie Kramer*      Meeting Room A/B (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Being an inclusive community does NOT need to be complicated. It all starts with you, and how you interact with Disabled, BIPOC, LGBTQ+ and other marginalized groups in your community. In this session, Charlie will simplify the “do's and don'ts” of DEI (Diversity, Equity and Inclusion) so your community can create a space where everyone is welcome, not just through policy, but also through practice. Participants will learn about game-changing policies, practices, and mindset shifts that can make their spaces more inclusive for all.
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- 12:00pm – 1:10pm      **L One-on-One Songwriting Mentorship with Rabbi Joe Black (Sign up required)**  
*Speakers: Rabbi Joe Black*      The Gathering Place (2 Millstone Campus Drive, St. Louis, MO 63146)  
 Get one-on-one direct, supportive feedback on your compositions and creative process. These sessions will provide you with constructive critique and simple techniques to grow your artistic chops. Rabbi Black will share some helpful and techniques to help you on your creative journey.
- NOTE: Space is limited. To sign up for this session, please add it to your schedule by clicking the white circle to the left of the session title.**
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- 12:00pm – 1:10pm      **N Making Services Spiritual - Crafting Prayer for Adults**  
*Speakers: Chava Mirel, Eliana Light*      Beit Midrash (2 Millstone Campus Drive, St. Louis, MO 63146)  
 How can we make our tefilah gatherings “spiritual,” and what does that mean? Through intentionally crafting prayer experiences to fit our goals, we can help people access our tradition and spark something meaningful. We'll experience and explore the choices, questions, and skills that can elevate our prayer services, share tools to bring back to communities of all kinds, and maybe even tap into spirit ourselves.
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- 12:00pm – 1:10pm      **S Angela Gold Shmooze Room**      Gym (2 Millstone Campus Drive, St. Louis, MO 63146)
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- 12:00pm – 1:10pm      **G Bangin and Sangin**      Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Billy Jonas*
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- 12:00pm – 1:10pm      **G Preserving Your Vocal Health**      Multi-Purpose Room (2 Millstone Campus Drive, St. Louis, MO 63146)  
*Speakers: Naomi Less*  
 We don't realize how much strain and damage we can do to our voices, to the tiny little muscles that open up worlds. I was 16 when I was first diagnosed with nodules. Since then, my life has been a struggle with my divinely donated singing talents and my self-impaired, weakened vocal chords. Through the course of working

with speech therapists and voice teachers, I've found some tried and true practices and concrete tools that help keep the voice as healthy and ready for sacred use as possible. You're invited to try these healing exercises and techniques to help you protect and preserve your voice. This session is important not just for singers, but also for teachers.

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12:00pm – 1:10pm	<b>W</b>	<b>Spiritual Translation: A Liturgical Composition and Interpretation Workshop</b> <i>Speakers: Cantor Ellen Dreskin</i>	Board Room (2 Millstone Campus Drive, St. Louis, MO 63146)
		Go deeper with your relationship to prayer through poetry, metaphor, and interpretive translation, in order to bring depth to your own compositions, essays, and spoken liturgical words. Come ready to interpret, share, and be inspired by others.	
1:15pm – 2:20pm	<b>F</b>	<b>Lunch &amp; Song Session</b>	Gym (2 Millstone Campus Drive, St. Louis, MO 63146)
2:30pm – 3:30pm	<b>F</b>	<b>SLBC Closing Program</b> <i>Speakers: Chava Mirel, Rick Recht, Elisa Heiligman Recht, Craig Parks, Hazzan Joanna Dulkan, Jacob Spike Kraus, Rabbi Brad Horwitz</i>	Performing Arts Center (2 Millstone Campus Drive, St. Louis, MO 63146)
4:00pm – 4:30pm	<b>F</b>	<b>Transportation to Airport</b>	Bus (2 Millstone Campus Drive, St. Louis, MO 63146)

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