



# SLBC Master Schedule

## SLBC Digital Portal

[www.songleaderbootcamp.com/slbc19](http://www.songleaderbootcamp.com/slbc19)

## Jewish Community Center

2 Millstone Campus Drive, St. Louis, MO 63146  
(314) 432-5700

## Hotel

Sheraton Westport Chalet Hotel St. Louis  
191 Westport Plaza, St. Louis, MO 63146  
(314) 878-1500

## Taxi

Yellow Cab (314) 656-6705

## Emergency Numbers

**SLBC Office** (314) 991-0909 (before or after SLBC conference); **Elisa's cell** (314) 249-6251

## SLBC Course Labels

These course labels can help you choose what sessions might best serve you. All sessions will be labeled accordingly and often have multiple labels:

### Master Courses & Tracks

- MC** Master Course \*recommended for all first time SLBC participants
- ECE** Early Childhood Educator
- ED** Jewish Educator (day school, religious etc.)
- SL** Songleader
- WL** Worship Leader

### Chavurot

- DSC** Day School Chavurah
- JCRC** JCC Camps Rock! Chavurah
- RC** Ramah Chavurah
- RJC** Relational Judaism Chavurah
- TC** Staenberg Teen Chavurah

## SLBC Rooms

- |  |   |
|--|---|
| <b>Mirowitz Performing Arts Center (PAC)</b> | Main SLBC Room  |
| <b>Board Room</b>                            | Behind lobby front desk in office suite                       |
| <b>Beit Midrash</b>                          | Hallway outside Performing Arts Center                        |
| <b>Black Box Theater</b>                     | End of hallway next to Performing Arts Center                 |
| <b>Gathering Place</b>                       | Across PAC, first room off the lobby                          |
| <b>Meeting Room A/B</b>                      | Across from Performing Arts Center                            |
| <b>Visual Arts Studio</b>                    | Across from Black Box Theater                                 |
| <b>ECC Open Space</b>                        | Downstairs  |
| <b>ECC Classroom 1</b>                       | Downstairs  |
| <b>ECC Classroom 2</b>                       | Downstairs  |
| <b>Family Center</b>                         | Downstairs next to ECC  |
| <b>Adult Day Center</b>                      | Downstairs next to ECC  |
| <b>Multi-Purpose Room</b>                    | Downstairs in fitness building across from family locker room |
| <b>JGame Zone</b>                            | Downstairs in fitness building next to family locker room     |

# Sunday, February 17, 2019

2:00 PM-3:00 PM

## Opening Program

*Black Box Theater*

3:15 PM-4:25 PM

## Star State – Peak Performance Leadership Skills

*Mirowitz Performing Arts Center*

Master Course \*recommended for new SLBC participants

DSC ECE ED JCRC RC SL TC WL

Rick Recht

Star State is a powerful and highly motivational leadership training seminar that demonstrates methods utilized by the world's top athletes, entertainers, and educators to quickly and consistently achieve a peak physical and psychological state for extraordinary personal performance. What do these 'best in class' performers have in common? They all use Star State peak performance techniques to guarantee that the very best version of themselves is always front and center. Star State is highly interactive, physical, and fun.

3:15 PM-4:25 PM

## The Business of Spirituality and Spirituality of Business

*Family Center*

SL TC WL

Elective

Mikey Pauker and Billy Jonas

Get your act together! Join International Jewish touring and recording artists Mikey Pauker and Billy Jonas for a spiritually uplifting look at nurturing a balance in business and creativity. We'll cover the tasks, tools, and tricks for tacking the tachlis (details) of getting all your ducks in a row.

3:15 PM-4:25 PM

## Songwriting

*Black Box Theater*

SL

Doni Zasloff and Eric Lindberg

We all have a song to share. Ready to write Jewish music? Join Nefesh Mountain to learn about the multiple dimensions of Jewish songwriting – from inspiration to structural considerations including form, arrangement, tempo, rhythm, and dynamics.

3:15 PM-4:25 PM

## We Return – How to Lead Mindful Worship During the High Holy Days

*Meeting Room A/B*

ED SL TC WL

Elective

Rabbi Andrea Goldstein and Lucy Greenbaum

Rosh Hashanah and Yom Kippur are holidays that ask us to turn inward, reflecting on the most important and profound aspects of who we are and who we long to be. Mindfulness practice also asks us to turn inward and consider these same notions. In this workshop, we will explore the *keva* (routine) and *kavanah* (intention) of creating mindfulness-infused services for the holiest days of the year. Participants will leave feeling empowered to replicate the core components of a mindful High Holy Day worship experience in their own unique ways.

3:15 PM-4:25 PM

## Who's Calling the ShaTZ: What it Means to Lead Others in Prayer

*Beit Midrash*

ECE ED RC SL TC WL

Cantor Ellen Dreskin and Rabbi David Ingber

As one who leads prayer, just who in heaven's name do I think I am, and what on earth do I think I'm doing? Come explore "prayer-formance vs. performance," "keva-nah" in prayer, the integration of my inner prayer life, and my external role, and more. What are my goals and my expectations for myself and my community?

**4:40 PM-5:50 PM**

## **Head to Toes: Interactive Body Dynamics**

*Mirowitz Performing Arts Center*

**Master Course \*recommended for new SLBC participants,**

**DSC ECE ED JCRC RC SL TC WL**

**Rick Recht**

The Head-to-Toes Interactive Body Dynamics master course explores the ways top presenters utilize every aspect of their bodies, body distance, and Praise Phrases to create exciting, meaningful, interactive experiences in a variety of settings.

**4:40 PM-5:50 PM**

## **Guitar Theory Lab**

*Gathering Place*

**SL**

**Beth Hamon**

Ever wonder how experienced musicians are able to change keys on their instrument or quickly find cool-sounding chords? There's no magic involved. You only need some basic tools to make accompanying and songleading with a guitar easier and more fun. Using basic concepts of scales, chord construction, chord relationships and guitar chord shapes, you can expand your musical "ears" and get an introduction to basic music theory. Please have a guitar and capo with you for this hands-on workshop.

**4:40 PM-5:50 PM**

## **Crafting Services Teens Love!**

*Beit Midrash*

**DSC ED RC SL TC WL**

**Craig Parks**

A two-hour service that teens keep coming back to time and time again? Yes, this really happens and now you can learn the elements that help create engaging, meaningful, and connecting services that are relevant to Jewish teens. You will be able to go back to your community ready to co-create with your teens a space for worship that speaks to them unlike any service they have ever experienced.

**4:40 PM-5:50 PM**

## **Self-Care and Personal Preservation for the Leader**

*JCC Family Center*

**DSC ECE ED JCRC RC SL TC WL**

**Billy Jonas**

Charity begins at home - in your mind and heart. And if you want to be generous with yourself, others, and the world, it's good to be rich. Let's get wealthy with techniques and rituals for preserving and enriching our inspiration, physical and vocal health, and *kavannah* (divinely inspired intention and orientation).

**4:40 PM-5:50 PM**

## **Breaking Away from the Formulaic: Unlocking the Harmonic, Textural, and Dynamic Palette of Jewish Music**

*Black Box Theater*

**ED SL WL**

**Josh Ehrlich**

How do the quantitative, technical elements within music translate to the qualitative components of emotion and mood? How can we use that understanding to write music which is broad and more contoured in emotional scope? As we listen to masterful examples from the classical cannon, we will break down the elements of tempo, dynamics, and tonality to build up our compositional skills and expand our sonic palates in the hopes of writing richer, more nuanced Jewish music which bridges tradition and novelty and engages a wider community.

**4:40 PM-5:50 PM**

## **RDA - Recommended Davening Allowance: Developing a Personal Prayer Practice**

*Meeting Room A/B*

**DSC ECE ED JCRC RC SL TC WL**

**Elective**

**David Ingber and Naomi Less**

As we grow in our leadership, making time for ourselves and our personal spiritual practices can be tough. Sometimes, if we forget to attend to our spiritual lives, we can become performers instead of pray-formers, able to only access pray-ful postures when we're 'on.' This workshop is an attempt to curate our own personal 'pray-lists' - a tool kit for daily devotion and dedication of our hearts to Spirit.

**6:00 PM-7:20 PM**

## **Dinner and Song Session**

*Gym*

**7:30 PM-8:40 PM**

## **More than a Ramp: What Does it mean to be Radically Inclusive?**

*Meeting Room A/B*

**DSC ECE ED RC SL TC WL**

**Elective**

**Elana Naftalin-Kelman**

All types of learners deserve a place in our communities. How can we integrate everyone? Spend some time thinking about what it means to be a truly inclusive community, what inclusion means for you personally and professionally and how that translates to you in your community.

**7:30 PM-8:40 PM**

## **Siddur Gems: Prayer Expansion and Interpretation**

*Black Box Theater*

**ED RC SL WL**

**Cantor Ellen Dreskin and Rabbi David Ingber**

A round-robin sharing of some of our favorite pieces of liturgy, through stories and *iyyunim* (studies) that help the words resonate with today's worshipers.

**7:30 PM-8:40 PM**

## **Six Essential Ingredients in your Jewish Program**

*Beit Midrash*

**ECE ED SL WL**

**Shira Kline**

What makes your program Jewish? Is it lighting the candles or singing in Hebrew? These actions are like the wrapping paper around the gift contained within. Let's unwrap these gifts and discover six essential ingredients of Jewish programming. Each one of these ingredients is the source within Jewish moments that really bring them to life. They are the backstory, the spark, the secret to inviting in the sacred. Each ingredient addresses the universal human need to make meaning out of life.

**7:30 PM-8:40 PM**

## **SING! SING! SING! A Music-Based Approach to Cognitive, Language, Social, Physical, and Spiritual Development in the Jewish Classroom**

*ECC Open Space*

**ECE ED SL**

**Ellen Allard**

Having a fabulous repertoire of songs is key to being a rock star music teacher, but that's not the whole picture. Discover what can happen to your rock star music teaching chops when you take a peek behind the music teaching radar screen. Learn how to skyrocket your ability to reach and teach kids simply by understanding how songs 100% support children's cognitive, language, social, physical, and spiritual skill development.

**7:30 PM-8:40 PM**

**Paper Towel D'var Torah**

*Adult Day Center*

**DSC ECE ED RC SL**

**Elective**

**Miriam Hertzson**

Paper Towel D'var Torah is visual storytelling using simple cartooning and paper towels as the medium to express the narrative of the *parsha*. In addition to creating your own "Paper Towel Parsha," participants will work on creating an improvisational/theatrical framework to connect to the lesson found within the parsha. Techniques for delivery of the d'var Torah to the appropriate age group will be included.

**7:30 PM-8:40 PM**

**Jam Room**

*Gym*

**Elective**

Ready to rock out? Grab your voice, your instruments, some fellow SLBCniks and JAM!

**8:45 PM-10:30 PM**

**Super Soul SLBC & Havdalah**

*Mirowitz Performing Arts Center*

**10:30 PM-12:30 AM**

**JRR Jewish Star Showcase & SLBC Late Night**

*Mirowitz Performing Arts Center*

**Rob Aronson and Joe Buchanan**

Get ready to discover the amazingly talented folks attending SLBC in the SLBC Late Night talent extravaganza. Buses will continue running to the hotel every 10-15 minutes, so stay, sing, and rock 'til you drop!

**10:30 PM-12:30 AM**

**Transportation to Hotel**

Buses will run to the hotel every 10-15 minutes from 10:30 PM-12:30 AM

# Monday, February 18, 2019

**\*8:00 AM**

## **Transportation to JCC**

Meet in hotel lobby to load buses to the JCC

**7:00 AM**

## **Yoga Shalom**

*Sheraton Chalet: Alpine 2*

**8:45 AM-10:45 AM**

## **Tefilah and Opening Program**

*Black Box Theater*

Tefilah, music, and more! Feel free to bring tallit, tefillin, and other worship items.

**8:45 AM-10:45 AM**

## **SHUL: An Alternative Tefilah**

*Adult Day Center*

**DSC ECE ED JCRC RC SL TC WL**

**Mikey Pauker**

SHUL: Imagine ecstatic dance meets post-hassidism, meets inclusive, egalitarian prayer. SHUL is a new, non-denominational experiment in Jewish ritual and prayer. Mingling together old and new spiritual practices, SHUL aims to create an experience that is accessible, embodied, and passionate. SHUL is prayer + dance, niggunim + bass = a living ceremony that engages all our senses and all our limbs in prayer. Please join us in a new-old way to welcome this day into our SLBC community, our bodies, and our hearts. Feel free to bring tallit, tefillin, and other worship items.

**11:00 AM-12:10 PM**

## **RTKS Framework for Grand Slam Jewish Leadership**

*Mirowitz Performing Arts Center*

**Master Course \*recommended for new SLBC participants**

**DSC ECE ED JCRC RC SL TC WL**

**Rick Recht**

RTKS is a practical and interactive workshop where participants explore ways to create powerful Jewish learning and teaching experiences as well as strengthen their personal and professional communication skills. Borrowing from methods used by both rabbinic scholars and top sales performers in the business world, RTKS shares a simple framework Jewish educators can use to guarantee peak performance in the classroom and beyond.

**11:00 AM-12:10 PM**

## **Praying in an Era of Protest**

*Beit Midrash*

**DSC ED SL TC WL**

**Elective**

**Rabbi David Ingber, Rabbi Susan Talve, and Shira Kline**

We often use prayer to accept, to align, to find peace. The great theologian Abraham Joshua Heschel, though, called upon us to see prayer differently, to imagine that prayer might (or must) be an act of defiance, an act of protest, a practice of subverting the known and accepted for the sake of the unknown but longed for reality we seek. In his own words, Heschel said, "Prayer is meaningless unless it is subversive, unless it seeks to overthrow and to ruin the pyramids of callousness, hatred, opportunism and falsehood. The liturgical movement must become a revolutionary movement, seeking to overthrow the forces that continue to destroy the promise, the hope, the vision."

This workshop will explore what subversive prayer might look like and how we might enact it ourselves.

**11:00 AM-12:10 PM**

## **The Story of Prayer - a Reflection of Your (and your Learners') Soul**

*Meeting Room A/B*

**ED SL TC WL**

**Elective**

**Naomi Less**

"And you? When will you begin that long journey into yourself?" What does Jalāl ad-Dīn Muhammad Rūmī, a 13th century poet and sufi mystic, have to do with Jewish prayer text? Can you imagine the world if we were to help cultivate meaning-making and spiritual development in our young people? The journey into self and the journey into prayer and Torah are connected. Let's imagine what would happen if we were to unleash the inner stories of our souls in concert with our ancient words. Experience an empowering set of exercises that will engage, enlighten and uplift your experience with ancient text.

**11:00 AM-12:10 PM**

## **Merkava Mentors Presents: The Thriving Artist Counsel and Incubator: Part 1**

(Mandatory Two Sessions. Limited to 12 participants. Sign up at registration OR email [elisa@songleaderbootcamp.com](mailto:elisa@songleaderbootcamp.com) in advance of SLBC to request a spot in this session)

*JCC Family Center*

**SL**

**Elective**

**Mikey Pauker**

With all the "hustle and bustle" of being a Jewish artist and musician, how much time do you take to deepen your relationship with your musical colleagues? As our beautiful and challenging world continues to expand and evolve, what are we creating as Jewish songwriters, performers, and magicians to manifest our prayers into this reality? Join us for this two part workshop where we will sit in counsel, share our vulnerable and authentic stories, study spiritual text for inspiration and launch brand new community initiative that answers the call to our collective prayer. You must commit to both sessions. 15 participants total.

**11:00 AM-12:10 PM**

## **Davening Leadership Crash Course**

*ECC Open Spaces*

**DSC ED SL TC WL**

**Elective**

**Yosef Goldman and Deborah Sacks Mintz**

In this session on crafting a powerful and effective traditional tefillah experience, we will explore the musical relationship between nusach and participatory melodies, as well as discuss practical considerations when planning a service.

**11:00 AM-12:10 PM**

## **Jam Room**

*Gym*

**Elective**

Ready to rock out? Grab your voice, your instruments, some fellow SLBCniks and JAM!

**12:20 PM-1:35 PM**

## **Lunch and Songsession: Big Group Pic!**

*Gym*

**1:45 PM-2:55 PM**

## **Singing in the Dark**

*Black Box Theater*

**DSC ECE ED SL TC WL**

**Elective**

**Charlie Kramer**

We all have something that pains us. Charlie Kramer was born legally blind with no peripheral vision and diagnosed as blind at night. Singing has been a magic elixir for Charlie, providing his spirit with opportunities to expand in gratitude

for the many blessings he has. Join Charlie in a journey of the senses, blindfolding ourselves to experience the present moment without our sight. Come prepared to feel deeply the challenges in your life that cause you suffering, and to sing them into prayer. When arriving at the session, please wait by the door to be blindfolded and guided to your seat.

**1:45 PM-2:55 PM**

## **What About G!D? Wrestling with the Divine in Communal Prayer**

**Miowitz Performing Arts Center**

**ECE ED SL TC WL**

**Cantor Ellen Dreskin and Eliana Light**

The way we do (and don't) talk about G!D can have a profound impact on the lives of our community members. While singing can lift our spirits, the words of the siddur are still there- how do we start the conversation? Together, we'll explore melodies, *kavanot* (intentions), and Jewish texts that can be used within *t'fillot* (prayers) to expand our understandings of the Divine. We are Bnei Yisrael, after all, the children of G!D wrestlers. It's time to step into the ring.

**1:45 PM-2:55 PM**

## **Finding Our Voice: Empowered Female Davening**

**Beit Midrash**

**ED SL TC WL**

**Elective**

**Deborah Sacks Mintz and Shira Kline**

In this session for female-identified *tefillah* (prayer) leaders, we'll explore both the strength and beauty as well as the challenges of holding this space. This session will involve both singing and text study.

**1:45 PM-2:55 PM**

## **General Repertoire**

**Adult Day Center**

**ECE ED SL TC WL**

**Elective**

**Marcia Weinstein and Karen Pincus**

In this workshop, we will visit some old and new melodies. Bring your instruments, singing voice, and *ruach* (spirit)!

**1:45 PM-2:55 PM**

## **Merkava Mentors Presents: The Thriving Artist Counsel and Incubator: Part 2**

(Mandatory Two Sessions. Limited to 12 participants. Sign up at registration OR email [elisa@songleaderbootcamp.com](mailto:elisa@songleaderbootcamp.com) in advance of SLBC to request a spot in this session)

**JCC Family Center**

**SL**

**Elective**

**Mikey Pauker**

With all the "hustle and bustle" of being a Jewish artist and musician, how much time do you take to deepen your relationship with your musical colleagues? As our beautiful and challenging world continues to expand and evolve, what are we creating as Jewish songwriters, performers and magicians to manifest our prayers into this reality? Join us for this two-part workshop where we will sit in counsel, share our vulnerable and authentic stories, study spiritual text for inspiration and launch brand new community initiative that answers the call to our collective prayer. You must commit to both sessions. 15 participants total.

**1:45 PM-2:55 PM**

## **Get Ready to Hit the Road**

**Visual Arts Studio**

**SL**

**Elective**

**Doni Zasloff and Eric Lindberg**

Are you ready to hit the road? This workshop will explore a wide variety of practical considerations in developing a professional, profitable, and passionate career in the Jewish music world. We will discuss booking, equipment, contracts, marketing, and more!

**1:45 PM-2:55 PM**

## **Jam Room**

**Gym**

**Elective**

Ready to rock out? Grab your voice, your instruments, some fellow SLBCniks and JAM!

**3:10 PM-4:20 PM**

## **Embodied Judaism**

**JCC Family Center**

**ED SL TC WL**

**David Ingber and Billy Jonas**

Let's get physical and travel the visceral pathways within Judaism towards an enlightened embrace of the mundane and the mystical. We'll align the Kabbalistic tree of life and the *sphirot* (emanations) with the Vedic chakra system, explore their relevance to daily life, map them onto the body, and learn how to activate them through breath, chant, mindfulness, and movement.

**3:10 PM-4:20 PM**

## **Building A Singing Community**

**Black Box Theater**

**ED RC SL TC WL**

**Josh Warshawsky, Deborah Sacks Mintz and Yosef Goldman**

"Judaism today is the least known religion. Its rare splendor has been so frequently adjusted to the trivialities of changing opinions that what is left is commonplace. There are only few who still perceive the vanishing niggun of its perennial yearning." -Abraham Joshua Heschel, *The Earth is the Lord's*. Heschel's words resonate like a melody in our ears. Join together in song as we reach higher and higher, and seek out the vanishing *niggun* (wordless melody) reflected in our souls.

**3:10 PM-4:20 PM**

## **Tot Tefillah: Prayerful Play for Young Children**

**Beit Midrash**

**ECE ED SL WL**

**Elective**

**Lisa Litman and Ellen Allard**

Are you ready to make the paradigm shift from Tot Shabbat to authentic prayer experiences for young children and their families? Join Ellen Allard and Lisa Litman for an exciting, prayerful, and playful Tot Tefillah inspired by PJ Library. After this interactive, developmentally appropriate worship service, you will have the opportunity to unpack the *tefillah* (prayer) and discuss each component of the service. Bring an open mind and a willingness to be playful.

**3:10 PM-4:20 PM**

## **Bridging the G!D Gap for Grades 6-8**

**Meeting Room A/B**

**DSC ED WL**

**Eliana Light**

How can we address the big questions about G!D with our middle school students? And why should we? Join Eliana Light and some awesome middle school students and together we'll experience a program incorporating music, text, and creative writing with the goal of exploring and expanding our ideas about G!D. Then, we'll reflect on our experience, talk pedagogy, and unpack the tools we can use with this age group in all types of settings.

**3:10 PM-4:20 PM**

## **Tools for the Inclusive Community: How to Support Diverse Members of your Community**

*Mirowitz Performing Arts Center*

**ECE ED RC SL TC WL**

**Elective**

**Elana Naftalin-Kelman**

How can we reach all members of our communities?

How can we assure integration of all?

How do we inspire others to include?

Together we'll learn tools you can use in order to reach diverse members of your community: in classrooms, youth groups and camps. You'll come away with tools to use in every setting with all types of learners.

**3:10 PM-4:20 PM**

## **Guitar Theory Lab**

*Gathering Place*

**SL**

**Beth Hamon**

Ever wonder how experienced musicians are able to change keys on their instrument or quickly find cool-sounding chords? There's no magic involved. You only need some basic tools to make accompanying and songleading with a guitar easier and more fun. Using basic concepts of scales, chord construction, chord relationships and guitar chord shapes, you can expand your musical "ears" and get an introduction to basic music theory. Please have a guitar and capo with you for this hands-on workshop.

**3:10 PM-4:20 PM**

## **Jam Room**

*Gym*

**Elective**

Ready to rock out? Grab your voice, your instruments, some fellow SLBCniks and JAM!

**4:35 PM-5:45 PM**

## **Shared Leadership Model: Creating Powerful Co-Leading Opportunities**

*Mirowitz Performing Arts Center*

**ED JCRC SL WL**

**Rick Recht**

The greatest leaders are leaders of leaders and teachers of teachers. In this seminar, we will explore a framework leaders can utilize to implement Shared Leadership, a strategy for creating opportunities for individuals in the community to serve, side-by-side or in place of the leader during communal gatherings such as Shabbat services, staff and board meetings, religious school *tefilot* (prayer), community concerts, and song sessions. When employed intentionally and strategically, Shared Leadership increases the relevance of the leader as well as community risk tolerance, partnership, and philanthropy.

**4:35 PM-5:45 PM**

## **Developing a Relational Engagement Campaign**

*JCC Board Room*

**ED JCRC WL**

**Rabbi Nicole Auerbach, Rabbi Lydia Medwin, Dr. Ron Wolfson, and special guests from the Relational Judaism Chavurah**

Using best principles and success stories as a framework, we will explore how a "relational engagement campaign" can transform your organization from transactional/programmatic to relational. Learn how to create a small group and story-sharing culture that connects people in sacred relationships.

**4:35 PM-5:45 PM**

## **Jewish Mindfulness in Camp and School**

*Beit Midrash*

**DSC ED JCRC SL WL**

**Elective**

**Shira Kline and Billy Jonas**

From Jacob's once-upon-a-time nap on a rock, to the Beatles' song, "The Inner Light," we've been telling the story of mindfulness as a path to spiritual awareness. The benefits of mindfulness are plentiful. Everyday practice in children is known to increase concentration, improve self-acceptance, self-esteem, emotional awareness, calm hyperactivity, decrease stress, and strengthen the immune system. Mindful behaviors lead to a positive generosity of spirit toward oneself and others and a deeper sense of knowing what we are fully capable of. With a few moments throughout the day, give your students tools to cope with daily living. In this workshop we will explore mindfulness, Jewish meditation, and provide exercises and tools to guide us there.

**4:35 PM-5:45 PM**

## **Songleading Tips and Tricks of the Trade**

*ECC Open Space*

**DSC ECE ED JCRC SL WL**

**Ellen Allard**

Ready to take your songleading to the next level? Join Ellen Allard in this hands on, up, and all around workshop exploring the body dynamics, verbal cues, and environmental considerations that maximize the 'great' in truly great songleaders.

**4:35 PM-5:45 PM**

## **Debbie Friedman: The Music and the Myriad Paths She Paved**

*Meeting Room A/B*

**DSC ECE ED JCRC SL TC WL**

**Cantor Ellen Dreskin**

Join us in singing and reflecting on some of Debbie's older and/or lesser-known pieces, choral and otherwise, that broke ground for so many of today's contemporary Jewish composers.

**4:35 PM-5:45 PM**

## **It's Alive! Transforming Books into Engaging Presentations**

*Adult Day Center*

**ECE ED JCRC SL**

**Lisa Litman and Jamie Light**

Our Jewish heritage is built on a living, oral tradition. For centuries, all of our ancient texts were passed on orally. Modern Jewish literature continues this tradition and connects us to our past and to one another. This workshop, appropriate for those working with all ages, will focus on techniques to inspire a love for literature and living Jewish values through dramatic interpretation. Participants will leave this session with:

- Strategies for dramatizing portions of a book to give participants a rich and authentic Jewish experience.
- Tools to highlight the Jewish values in each book.
- Clues and riddles to add elements of interactivity.

**4:35 PM-5:45 PM**

## **Jam Room**

*Gym*

**Elective**

Ready to rock out? Grab your voice, your instruments, some fellow SLBCniks and JAM!

**5:45 PM-7:15 PM**

**Dinner and Song Session**

*Gym*

**7:30 PM-8:45 PM**

**SLBC Community Speaker Series: Exploring the Golden Calves**

*Mirowitz Performing Arts Center*

**DSC ECE ED JCRC RC SL TC WL**

**Rabbi David Ingber, Rabbi Andrea Goldstein, and Rabbi Lizzi Heydemann**

What does idolatry look like in the 20th century? How do we help people in times of crisis and in the aftermath of the unspeakable? There's a crack in everything, that's how the light gets in! The broken tablets become the whole tablets and stronger than they ever were before.

**9:00 PM-10:30 PM**

**A Musical Journey of the 'Spiritual Activist'**

*Black Box Theater*

**DSC ECE ED JCRC RC SL TC WL**

**10:30 PM-12:30 AM**

**SLBC Late Night**

*Mirowitz Performing Arts Center*

**DSC ECE ED JCRC RC SL TC WL**

**Rob Aronson and Joe Buchanan**

Get ready to discover the amazingly talented folks attending SLBC in the SLBC Late Night talent extravaganza. Buses will continue running to the hotel every 10-15 minutes, so stay, sing, and rock 'til you drop!

**10:30 PM-12:30 AM**

**Transportation to Hotel**

Buses will begin running to the hotel every 10-15 minutes from 10:30 PM-12:30 AM

# Tuesday, February 19, 2019

\* 7:45 AM

## Transportation to JCC

Meet in hotel lobby with luggage and load busses to the JCC

8:45 AM-10:30 AM

## Tefilah and Opening Program

*Black Box Theater*

DSC ECE ED JCRC RC SL TC WL

Tefilah, music, and more! Feel free to bring tallit, tefillin, and other worship items.

10:40 AM-11:50 AM

## Strategic Road Mapping

*Mirowitz Performing Arts Center*

Master Course \*recommended for new SLBC participants

DSC ECE ED JCRC RC SL TC WL

**Rick Recht**

Never leave the site of inspiration without making a commitment. Create a personal strategic road map that identifies anticipated goals, milestones, challenges, resources and partners for achieving successful results after Songleader Boot Camp.

10:40 AM-11:50 AM

## Hassidic Prayer: Texts from the Masters on the Power of Prayer

*Black Box Theater*

ED SL TC WL

**Rabbi David Ingber**

Working with textured texts from the world of Hassidism, we will explore and extract tools and techniques for deepening our worship leadership and enhancing our personal prayer practice.

10:40 AM-11:50 AM

## Contemporary Shabbat Repertoire: Sharing Melodies in the Context of Worship

*Meeting Room A/B*

ED SL TC WL

Elective

**Cantor Ellen Dreskin and Cantor Rosalie Boxt**

Come learn some new melodies, both accompanied and a cappella, for Shabbat worship, with special emphasis on adaptation, usage, and how to introduce new melodies in the context of communal worship.

10:40 AM-11:50 AM or 12:00-11:50?

## Music and Chaplaincy

*Visual Arts Studio*

SL WL

Elective

**Cantor Lisa Levine**

Caring for others in today's world means expanding our view of the power of music for chaplaincy in the roles we play: bringing hope, comfort, and strength to others in times of critical need. In this workshop we will explore the many modes of music chaplaincy which can be utilized at every stage of wellness, illness, memory loss, final moments of life, and beyond. Music and resources for continued learning will be provided.

10:40 AM-11:50 AM

## Jam Room

*JCC Gym*

Elective

Ready to rock out? Grab your voice, your instruments, some fellow SLBCniks and JAM!

**12:00 PM-1:10 PM**

## **Effort, Ease, and the Power of Discernment**

*JCC Board Room*

**ECE ED SL WL**

**Rabbi Andrea Goldstein**

In a world of seemingly endless choices, how do we know what is the next right decision to make? How do we discern what is best for us, for our families, for our communities? How do we reengage with our inherent, quiet, intuitive wisdom in a world that is so very loud? In this session, we will explore a variety of mindfulness practices including mindful listening, study and meditation, in order to connect with the deeper sense of knowing that rests within us all.

**12:00 PM-1:10 PM**

## **Creation, Revelation, Redemption, and Beyond: Elevating the Architecture of Worship**

*Black Box Theater*

**ECE ED SL WL**

**Elective**

**Billy Jonas and Shira Kline**

Why does Bar'chu happen where it does in services? Or the Amidah? Can you "feel" that reason? What if the order of the prayers in a service is meant to facilitate a transcendent journey? It is! Let's understand it, elevate it, and then innovate with it so that our congregants get it, too.

**12:00 PM-1:10 PM**

## **More than a Ramp: What Does it mean to be Radically Inclusive?**

*Mirowitz Performing Arts Center*

**ECE ED SL WL**

**Elective**

**Elana Naftalin-Kelman**

All types of learners deserve a place in our communities. How can we integrate everyone? Spend some time thinking about what it means to be a truly inclusive community, what inclusion means for you personally and professionally and how that translates to you in your community

**12:00 PM-1:10 PM**

## **Rhythm 'n' Ruach: Engaging Through Joyful Jewish Music**

*Federation Building Across the Parking Lot (Meet in the JCC Lobby)*

**ECE ED SL**

**Shelley Dean and Ellen Allard**

Rhythm 'n' Ruach is a nationally recognized music and movement program structured specifically for Jewish Early Childhood. Gain knowledge and tools to enrich your classrooms with music activities infused with Judaism using song, instruments, dance, and meditation.

**1:15 PM-2:20 PM**

## **Lunch and Songsession**

*Gym*

**2:30 PM-3:30 PM**

## **SLBC Concluding Program**

*Mirowitz Performing Arts Center*

**3:30 PM**

## **Transportation to Airport**